

# Pronunciation

Week 9 - Health and Wellness



# Today's Date

# Hello!

Today is  
Friday, March  
22nd, 2024

## MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6



Holidays and Observances: 17: St. Patrick's Day, 31: Easter Sunday

Homemade  
SUNITS MADE EASY

# Important Dates

- Last Day of Classes:  
Thursday, April 25
- Party at CLUES St. Paul:  
Saturday, April 27th  
11 a.m. - 1 p.m.

APRIL 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

# Important Dates

- Summer Classes:  
May 28 – August 16

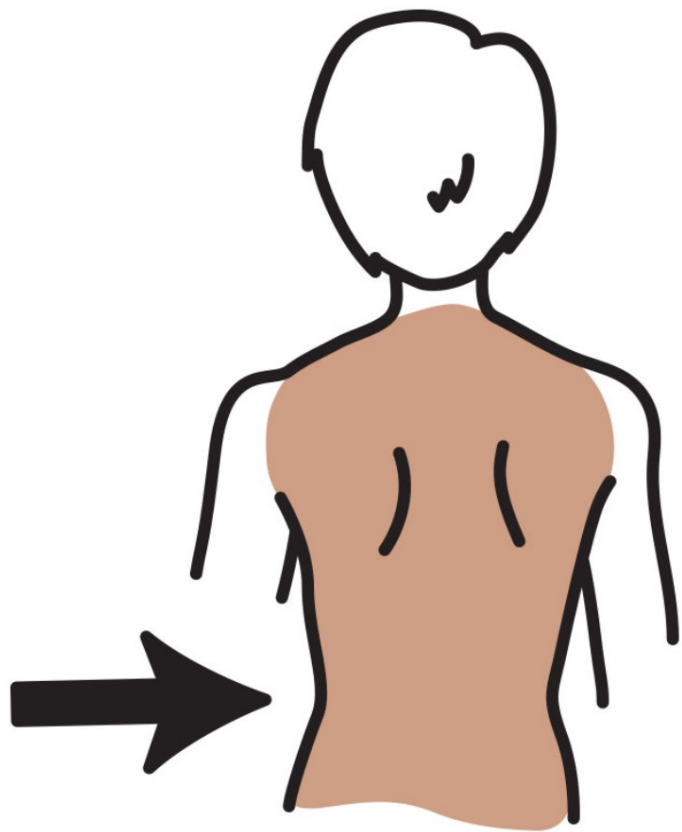
MAY 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

# Tongue Twister

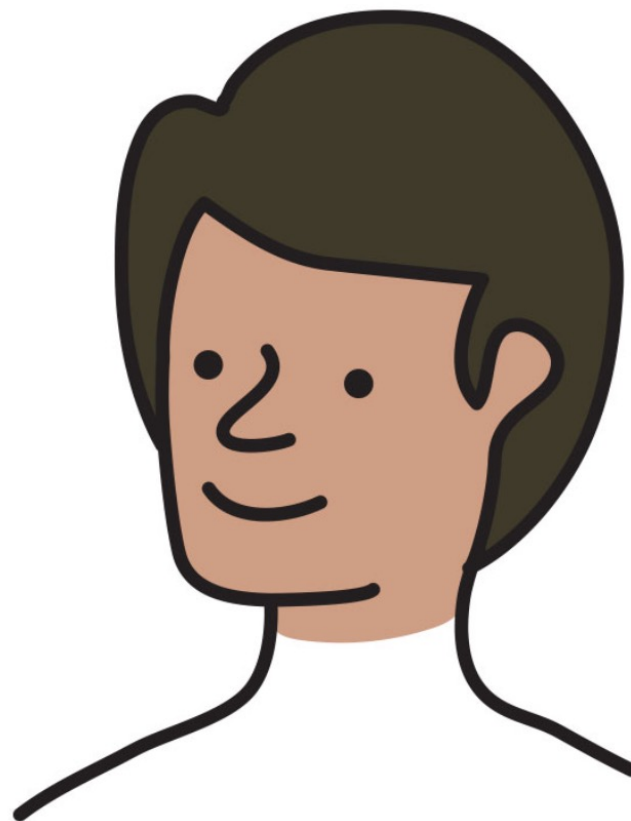
A family had a friendly cat that sat on a mat with a hat on its head, catching packs of rats with its hands and selling them on to the man in the van.

/æ/ & /e/

What do you notice about the two sounds?



**back**



**head**



# Vowel Sounds

æ & e

Common spelling of



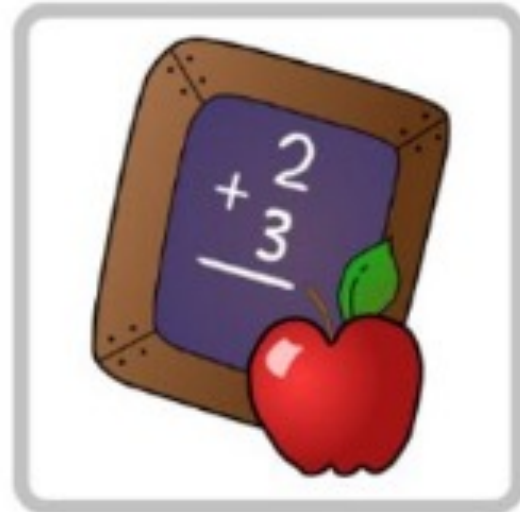
***a* (before consonant)**

**sad, glad, Spanish,  
apple, had, bad, back**



Which one do you hear?

**1**



add

**2**



Ed

Which one do you hear?

1



pat

2



pet

Which one do you hear?

**1**



pack

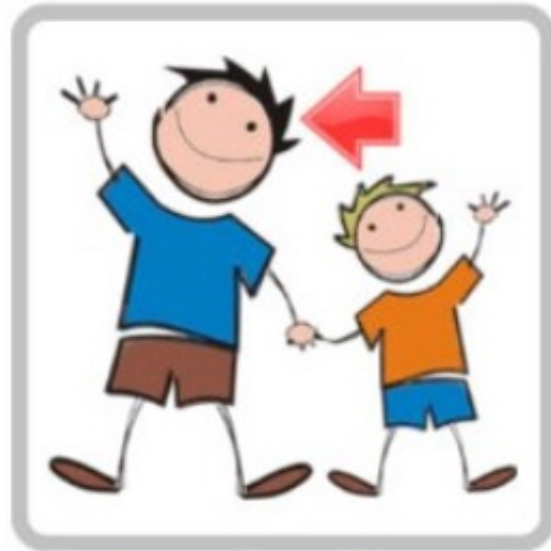
**2**



peck

Which one do you hear?

**1**



dad

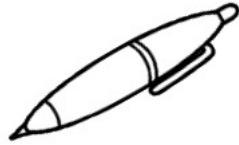
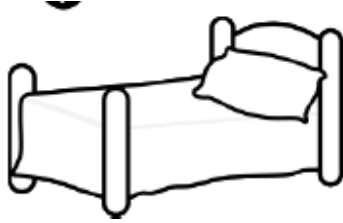
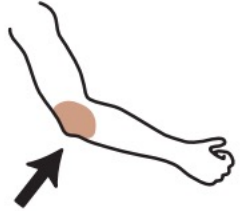
**2**



dead

short e

**red dress**



10

short a

**black cat**



1. I have a cat at home.
2. I use glasses for reading only.
3. Juana is my friend.
4. We go to bed early.

# Staying Healthy

- The list shows some of the causes of health problems. Which ones do you think are the most responsible for these problems?

1. Eating too much fat

2. Lack of information

3. Taking in too many calories

4. Genetic propensity

5. Eating too much sugar

6. Poverty

7. Eating too much fast food

8. Wealth

9. Lack of exercise

10. Other?

# Staying Healthy

Which words have a ...

• short a sound (black cat)?

• short e sound (red dress)?

1. Eating too much fat

2. Lack of information

3. Taking in too many calories

4. Genetic propensity

5. Eating too much sugar

6. Poverty

7. Eating too much fast food

8. Wealth

9. Lack of exercise

10. Other?

# Name the correct body part.

## There may be more than one correct answer.

1. \_\_\_\_\_ This is used to smell.
2. \_\_\_\_\_ These are used to chew.
3. \_\_\_\_\_ This is used to think.
4. \_\_\_\_\_ This is facial hair on a man's cheeks and chin.
5. \_\_\_\_\_ These are used to pick things up.
6. \_\_\_\_\_ This is used when you swallow food.
7. \_\_\_\_\_ This is hair over the lip.
8. \_\_\_\_\_ This connects the head to the body.
9. \_\_\_\_\_ This joint allows your arm to bend.
10. \_\_\_\_\_ This joint connects your hand to your arm.
11. \_\_\_\_\_ This joint connects your foot to your leg.
12. \_\_\_\_\_ This joint allows your leg to bend.
13. \_\_\_\_\_ This is used to talk.
14. \_\_\_\_\_ This hurts if you have a bad cough.





**3. In which of the following situations might you get a bruise?**

when you get too close to a fire

when you have a cold

when somebody hits you

when you have to pay the doctor



4. Which of the following things can be **contagious**?

an ache

a clinic

a flu

a sprain



5. How does your body feel if you have a **fever**?

too hot

hungry

too heavy

healthy



6. Which of the following words best describes a **flu**?

diet

illness

clinic

insurance



**8. Which of the following activities CAN'T you do if you have insomnia?**

sleep

breathe well

lose weight

exercise



**11.** Which of the following words best describes a **pill**?

dangerous

small

painful

hot



**12. What should you take if you get a prescription?**

a virus

a home remedy

medicine

an x-ray



**14.** When do many people use a **thermometer**? When they \_\_\_\_.

take a vitamin pill

have a fever

relax

eat dinner



How many syllables do you hear?  
Show me with your fingers or clap the number.

Word	Number of Syllables
prescription	1 2 3 4 5
fever	1 2 3 4 5
thermometer	1 2 3 4 5
vitamin	1 2 3 4 5
remedy	1 2 3 4 5



Count



Clap

How many syllables do you hear?  
Show me with your fingers or clap the number.

Word	Number of Syllables
medicine	1 2 3 4 5
painful	1 2 3 4 5
insomnia	1 2 3 4 5
contagious	1 2 3 4 5
healthy	1 2 3 4 5



Count



Clap

# Which syllable is stressed?

Word	Stressed Syllable
pre-scrip-tion	1 2 3
fe-ver	1 2
ther-mo-me-ter	1 2 3 4
vit-a-min	1 2 3
rem-e-dy	1 2 3



Count



Clap

Which syllable is stressed?

Show me with your fingers or clap the number.

Word	Stressed Syllable
med-i-cine	1 2 3 4 5
pain-ful	1 2 3 4 5
in-som-ni-a	1 2 3 4 5
con-ta-gious	1 2 3 4 5
heal-thy	1 2 3 4 5



Count



Clap

A close-up photograph of a person's face, focusing on their eyes and nose. They are holding a white tissue to their nose, and their eyes are closed, indicating they are sneezing. The background is blurred.

**DIALOG 1**

**Tom:** Atchoo! Atchoo!

**Dad:** Bless you! Are you \_\_\_\_\_?

**Tom:** I think maybe I have a \_\_\_\_\_.

**Dad:** Maybe you should \_\_\_\_\_ today.

**Atchoo!**

cold

okay

stay home from school

## DIALOG 2



**Store Clerk:** Hello, can I \_\_\_\_\_ you?

**Dad:** Yes, I'm looking for some \_\_\_\_\_.

**Store Clerk:** Sure. It's over in aisle \_\_\_\_\_.

**Dad:** Thanks very much.

cold medicine

seven

help

## DIALOG 3



absent

**Teacher:** Hello, Maple Park Elementary School.

**Dad:** Hello, this is Tom's father \_\_\_\_\_.

**Teacher:** Oh, hello. Is Tom alright?

**Dad:** Well, he's sick and he has a \_\_\_\_\_.

He'll be \_\_\_\_\_ from school today.

absent

calling

fever

# Scenario: A rash on the back

## Scenario

**Location:** On the Phone

**Characters:** Parent and  
Medical Clinic Receptionist

## Student A:

Call the medical clinic and make an appointment with the doctor to see your child. Describe your child's symptoms and book a time that works with your schedule.

## Student B:

A parent calls to make an appointment with the doctor. Ask about the child's symptoms and find an appointment that works for the parent. Explain that the parent should take the child to the hospital or a walk-in clinic if symptoms worsen before the appointment.

## Useful Expressions

Here are some possible questions and statements to include in your role-play. You don't have to use them all.

- I need to get my child in to see a doctor.
- He has a fever. He has a rash.
- Do you have an earlier appointment available?
- Is he having trouble breathing?
- The earliest I can get you in is...
- Go to the walk-in clinic if the symptoms worsen.
- I'm sorry. The doctor's schedule is full today.
- I can put you on a waiting list in case anyone cancels.



## Class Questions

Your class will have to be able to answer the following questions after you perform your skit:

1. What is wrong with the child?
2. What is the parent's main concern?
3. When can the child see the doctor?



# A rash on the back

Parent: Hi, I need to make an appointment for my child.

Receptionist: OK, what's the problem/issue with your child?

Parent: My child has a rash on his back. It's itchy and very red.

Receptionist: Do you know if your child has a fever?

Parent: Yes, he has a fever and also a *stomachache*.

Receptionist: Can you come today? It sounds serious. We have an appointment at 2pm.

Parent: Yes, that works. Do you need any information from me?

Receptionist: What is his name and *date of birth*?

Parent: His name is Tom and his birth date is November 11<sup>th</sup>, 2012.

Receptionist: Thanks, see you soon. Your appointment is confirmed.

# Scenario: Medicine for my leg

## Scenario

**Location:** Pharmacy

**Characters:** Elderly Person and Pharmacist

## Student A:

You are an elderly person. Your doctor gave you a new prescription for your leg pain. Ask the pharmacist to help you understand the label.

## Student B:

Help an elderly person understand the label on his/her new prescription. Remind the customer of the importance of taking the pills on a full stomach.

## Useful Expressions

Here are some possible questions and statements to include in your role-play. You don't have to use them all.

- This is a new prescription.
- I don't understand the instructions.
- How often do I take these?
- How many do I take?
- Take two pills, twice a day.
- The pills may make you drowsy (tired).
- If you have any questions, give us a call.
- Be sure to take these on a full stomach.



## Class Questions

Your class will have to be able to answer the following questions after you perform your skit:

1. What does the elderly person need a prescription for?
2. What doesn't the customer understand on the label?
3. What reminder does the pharmacist give?

# Medicine for my leg

Customer: Good afternoon, can you help me?

Pharmacist: Of course, what do you need?

Customer: **I need to fill this prescription for my leg pain.**

Pharmacist: Do you have any allergies?

Customer: No, I don't. But this is the first time that I've taken this medicine.

Pharmacist: Ok, how about you try the medicine here and stay for 30 minutes to see if you have a reaction.

Customer: How often does this medicine have side effects?

Pharmacist: It's not common, but you never know. It's just to be safe.

Customer: Sure, I will try it now. Should I eat first?

Pharmacist: Yes, you need to eat before you take it.



# Sort the words into groups by stress pattern

accident ambulance aspirin bandage blood pressure bone broken bruise burn cavity	check-up clinic cold contagious cough dentist diabetes diet disease doctor emergency exercise fever	first aid flu headache home remedy illness infection insomnia insurance medical nurse operate	overweight pain patient phobia pill prescription relax runny nose sneeze sore sickness sprain stitches	stomachache stress sunburn surgery temperature thermometer toothache virus vitamin weight
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Column A

B

C

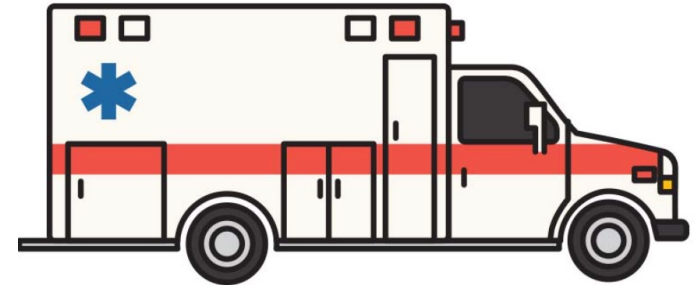
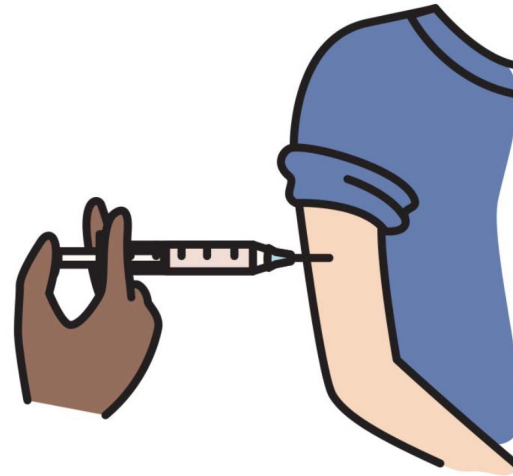
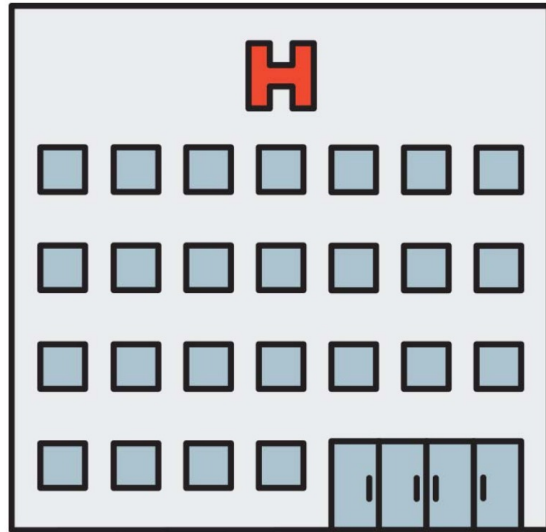
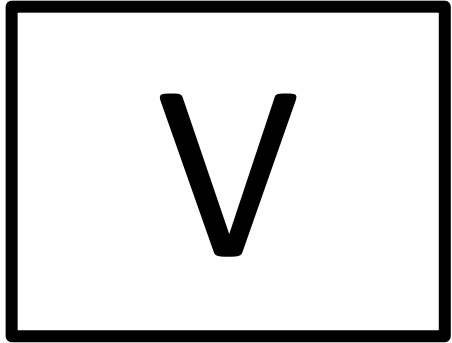
D

E

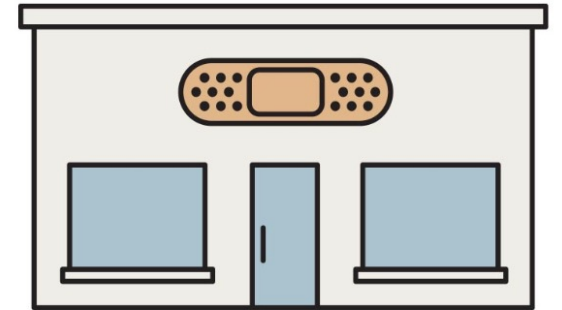
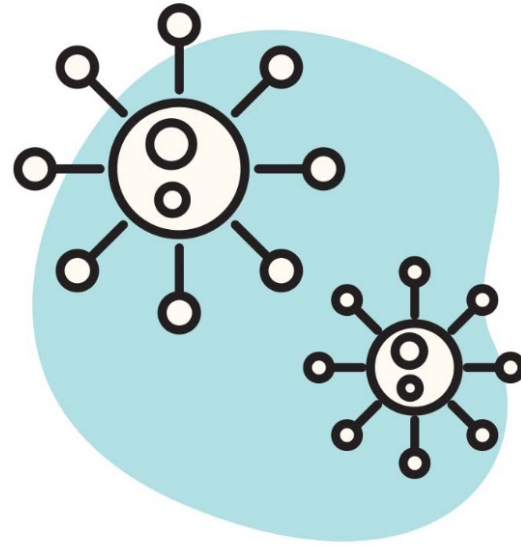
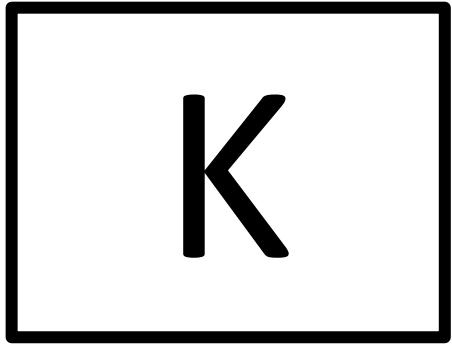
F



Which picture starts with the following sound?

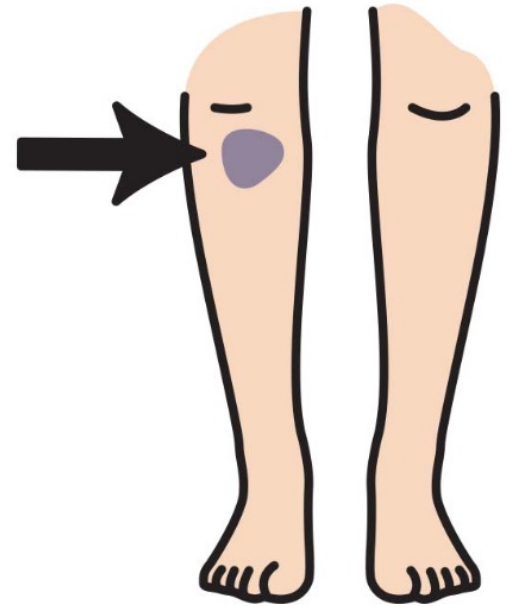
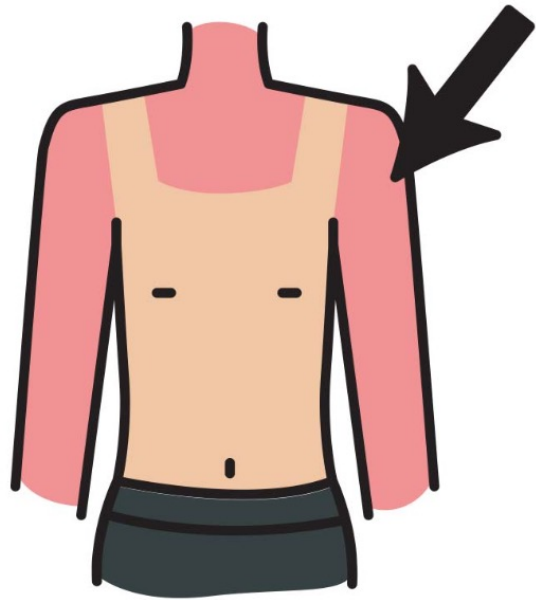


Which picture does NOT have with the following sound?



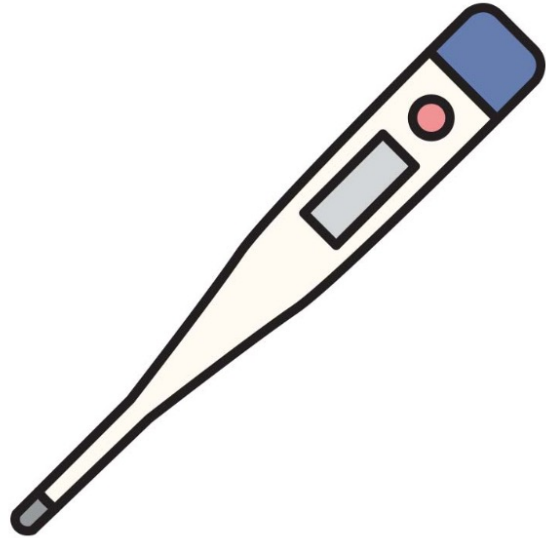
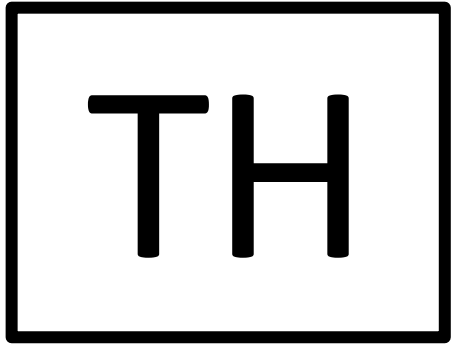
Which picture ends with the following sound?

F





Which picture does NOT have with the following sound?



# A Doctor's Appointment



What's the matter with the man? What is his name? What should he do?



Where is he now? Who is with him? What is the other person doing? How is the man feeling?



What is the doctor saying? What does the man say?  
Do you think the man understands the doctor? Why not? Why does he say "OK"?



Now what is the doctor saying? What question does he ask the man?  
What does the man answer? Is that true?



Now what does the doctor ask him? What does the man answer?



Now the man leaves the doctor's office. What is in the picture with him? What is he thinking? What is the problem with taking the prescriptions?



Now where is the man? Who is he speaking with?  
What does she ask him? How is the man feeling now?





What does the man answer?

Has this ever happened to you? What advice can you give the man?

# What did we learn today?

[https://jamboard.google.com/d/15tgf9XXkDgR8E44KL0uui\\_a06u1hPO-lXggNWOK80Rw/viewer?f=0](https://jamboard.google.com/d/15tgf9XXkDgR8E44KL0uui_a06u1hPO-lXggNWOK80Rw/viewer?f=0)

- What can someone do if they don't speak much English and they need to see the doctor?
- What questions can this patient ask the doctor about the prescription medicines?

# Possible Questions

1. What is this medicine?
2. Why am I taking it?
3. What does this medicine do?
4. How long do I need to take it?
5. When will I start feeling better?
6. What are ok side effects of the medicine?
7. What are bad side effects of the medicine?
8. What side effects do I need to call you for?
9. Is it ok to drink alcohol with this medicine/this condition?
10. Do I need to come back and have the doctor check my medicine?  
(Certain medicines require that the level of the medicine in the blood is regularly monitored.)
11. Here are the names and doses of other medicines I'm taking now. Is it ok to take the new medicine with them? (Include over-the-counter medicines, prescriptions, vitamins, and herbs, from the United States and other countries.)

contrasting sounds

/ɛ/ ← /æ/

...

**BED**  
**OR**  
**BAD?**