

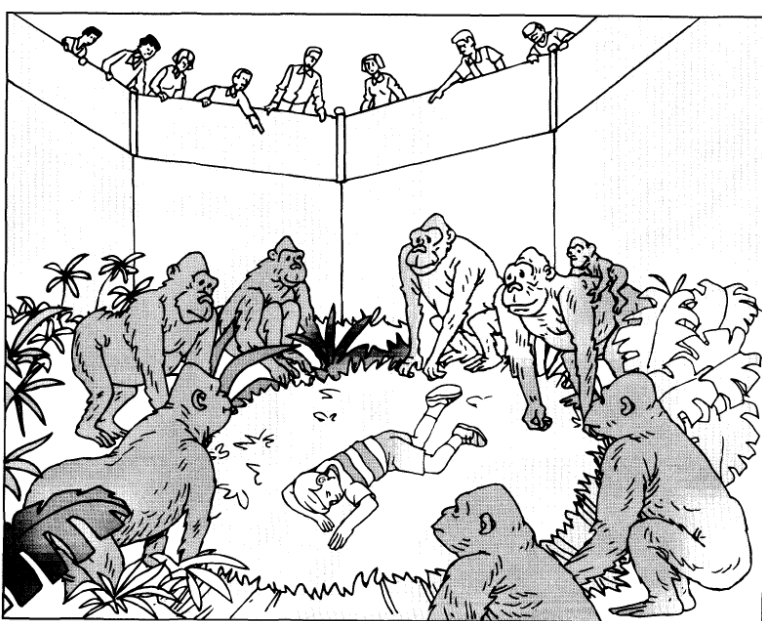
# Health and Wellness



# This week's reading on GogyUp:

Level 1:

## **Binti to the Rescue**



Read by Thursday!



# This week's reading on GogyUp:

Level 2:

**How to have a balanced health triangle**

Read by Thursday!

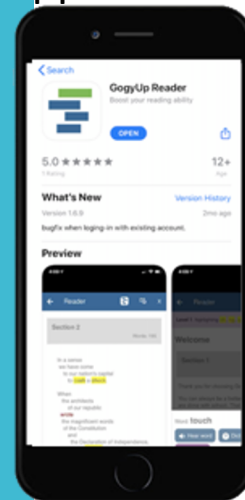




## STEP 1

Search for **GOGYUP READER** on your phone's app store.

Download it.



No phone or tablet? No  
problem!

*Use GogyUp on a computer!*

**Visit: [gogyup.com/webapp](http://gogyup.com/webapp)**

## STEP 2

Create a **PROFILE** to save your progress.



Need help?

Text or call:

**612-460-5358**

## STEP 3

Enter the **INVITE CODE** for your class.



Level1: **clues1**

Level 2: **clues2**

Level 3: **clues3**



The slide features a light gray background with two large teal geometric shapes. On the left, a teal triangle points towards the center. On the right, a teal trapezoid is positioned, also pointing towards the center. The text 'BODY PARTS' is centered between these two shapes.

# BODY PARTS



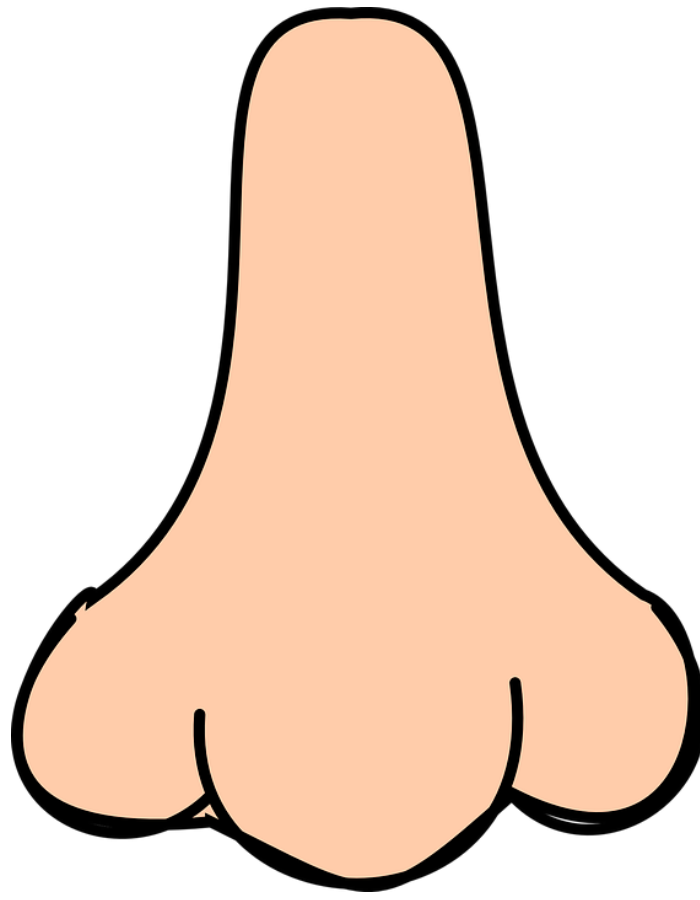
Head



Eye

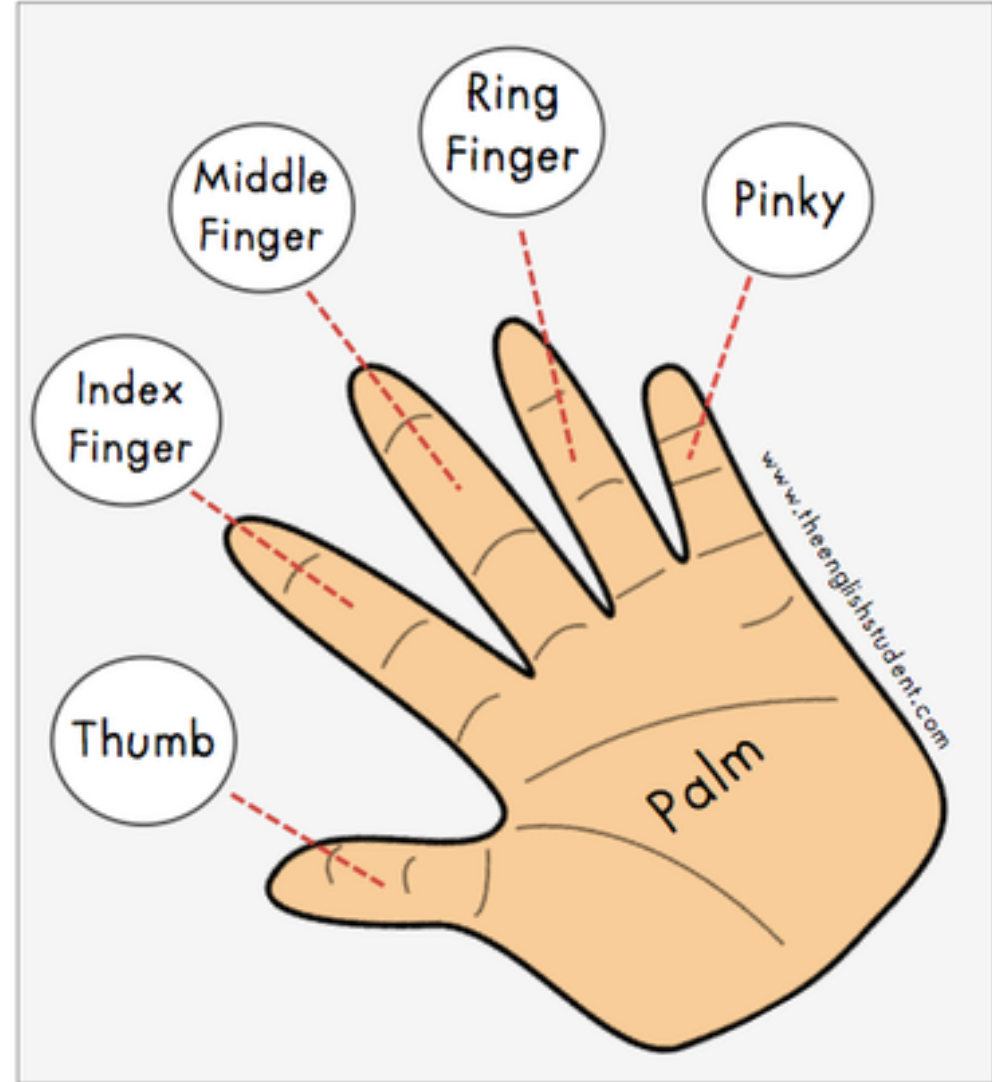


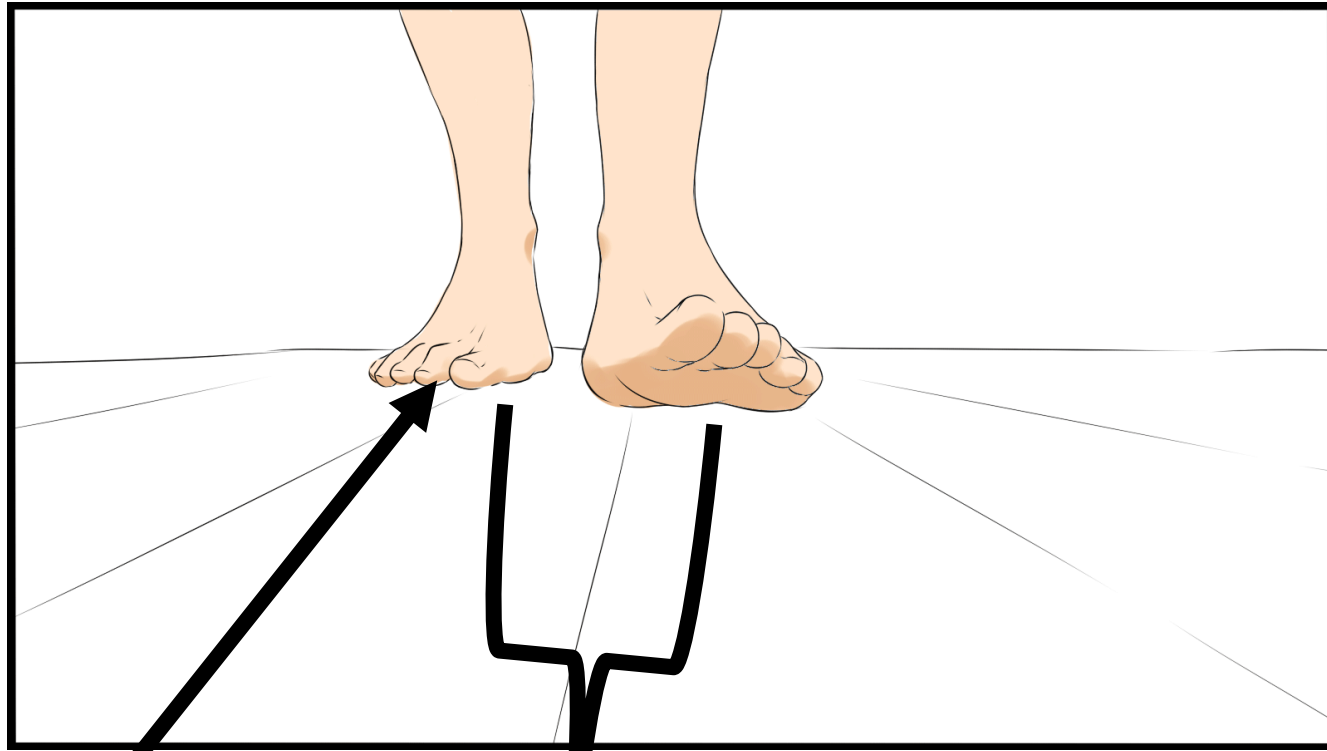
Ear



Nose

# Hand





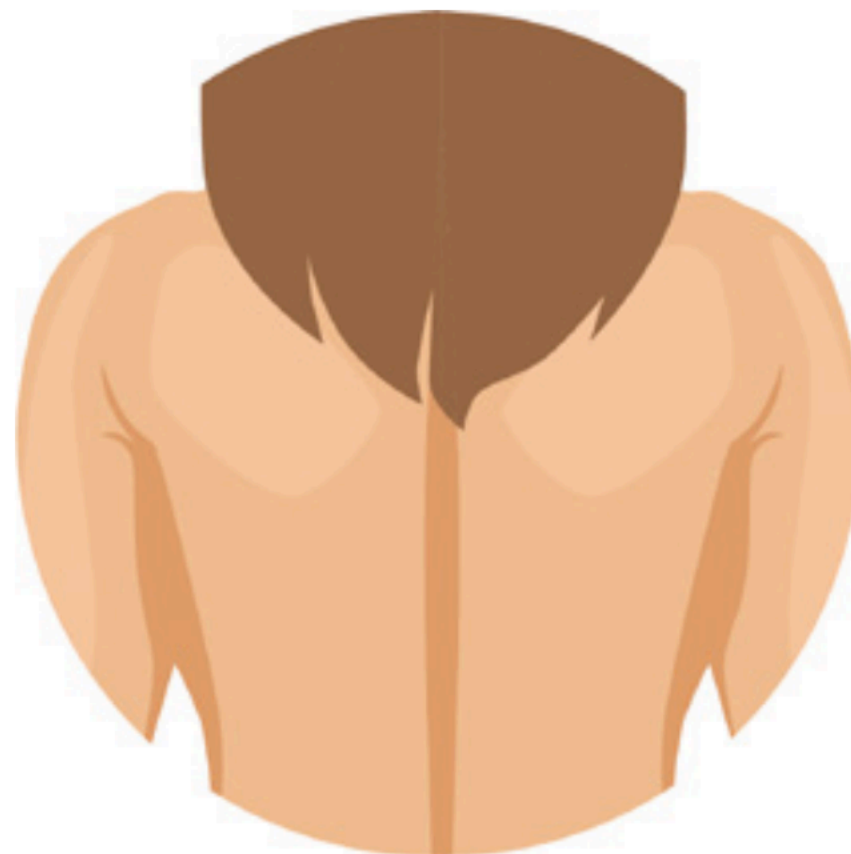
Foot

Feet





**Arm**



**Back**



**Legs**



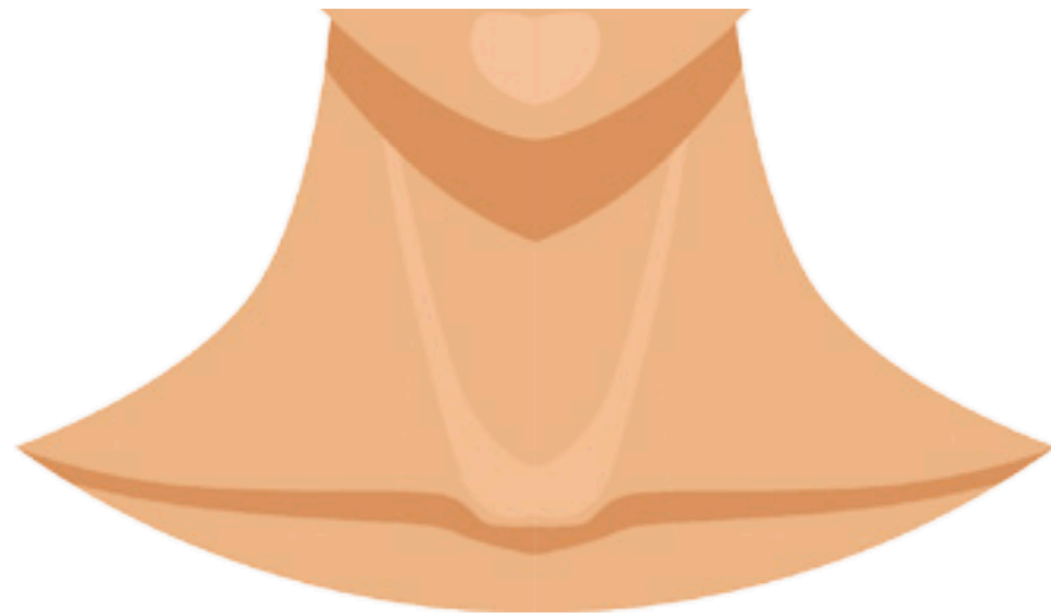
**Mouth**



**Knee**



**Shoulder**

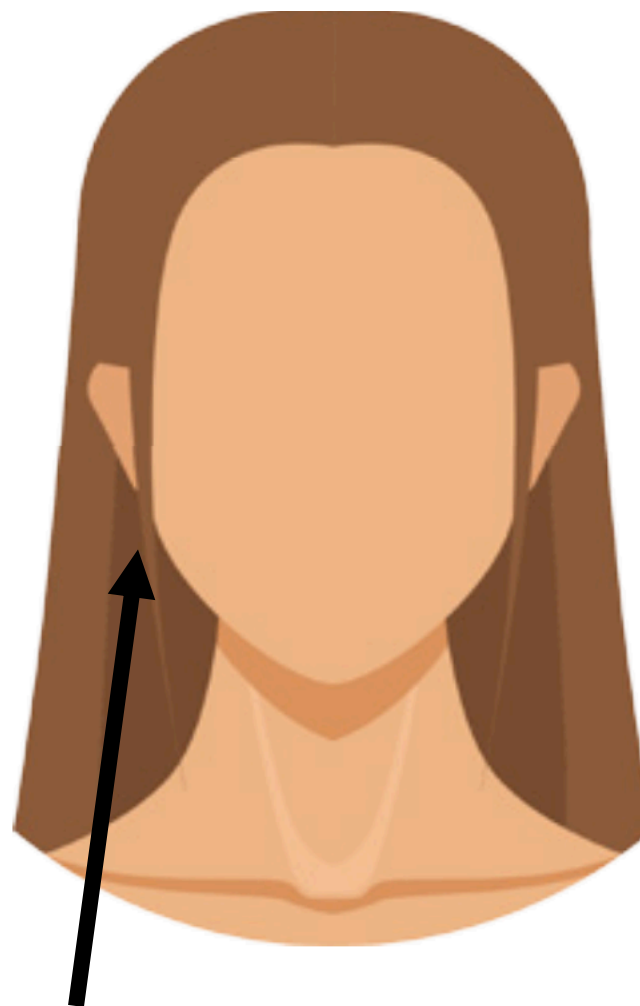


**Neck**

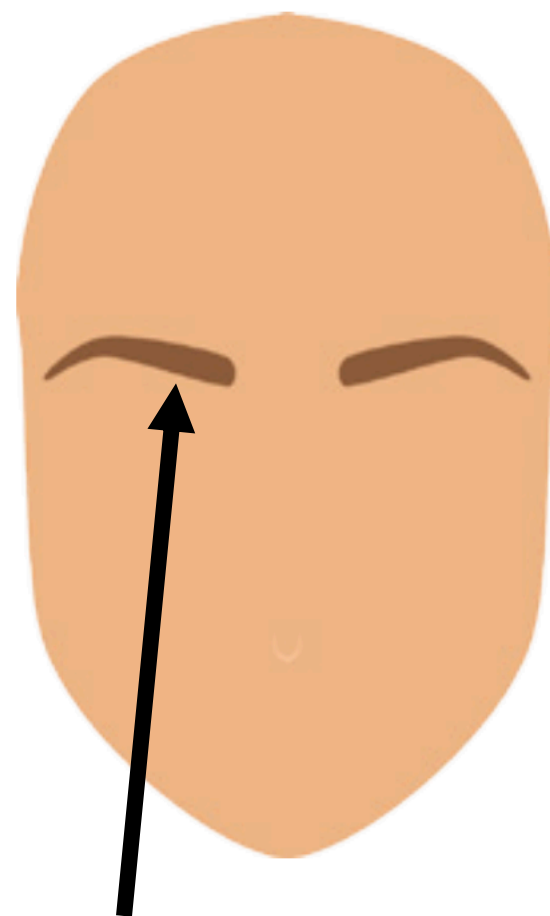




**Lips**



**Hair**



**Eyebrows**



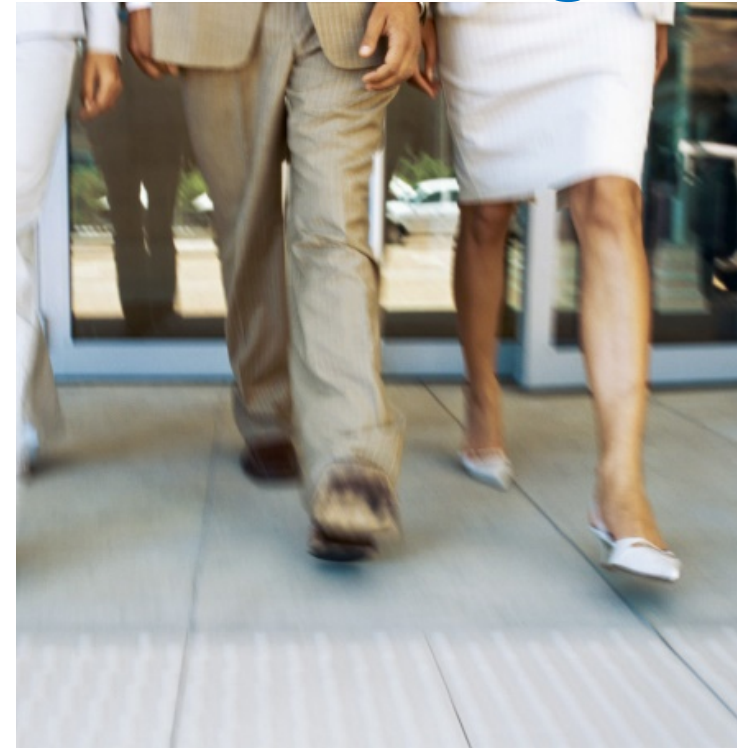
**I have one nose.**



**I have five fingers.**



**I have two legs.**



**Use the verb “to have” to  
talk about the body.**

# Complete the sentences using the correct form of the verb "to have"

1. I ..... two arms.

**I have two arms.**

2. He ..... two brown eyes.

**He has two brown eyes.**

3. She ..... one leg.

**She has one leg.**

4. The dog .....four legs.

**The dog has four legs.**

**5. Together, we.....four hands.**

**We have four hands.**

**6. You .....two ears.**

**You have two ears.**

**7. Cats .....four legs and a tail.**

**Cats have four legs and a tail.**

**8. It .....many legs.**

**It has many legs.**

Name the parts of the body with the words in the box.

hand - leg - head -  
shoulder - knee -  
arm - chest - foot

1 shoulder

2 arm

3 hand

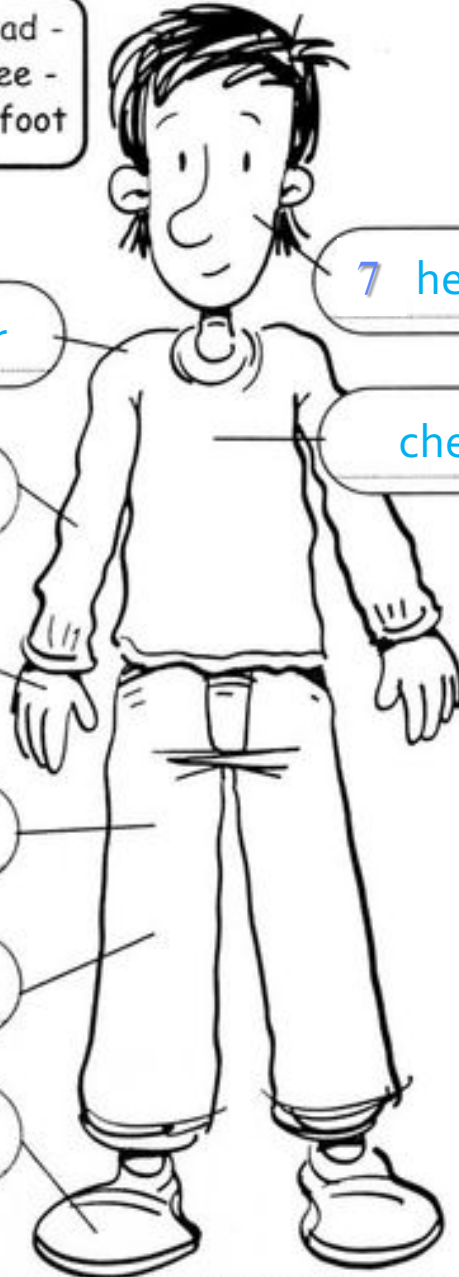
4 leg

5 knee

6 foot

7 head

chest






Put the names of the body in the right groups.

arms	back	chest	chin	ears	eyebrows
eyes	feet	fingers	hair	hands	hips
knees	legs	lips	mouth	neck	nose
shoulders	stomach	teeth	thumb	toes	tongue

Face/head: \_\_\_\_\_

Upper body: \_\_\_\_\_

Lower body: \_\_\_\_\_



# HEALTH PROBLEMS



**have a cold/the flu**



**have a fever/temperature**



**have a sore throat**



**have a toothache**



**have a stomach ache**





**have allergies**



**feel nauseous**



**have a rash**



What other  
health problems  
can you think of?

# What do you see?

## 1. Calling the Clinic



Receptionist: County Clinic. May I help you?

Felicia: My son is very sick. His head hurts. It's hot.

Receptionist: What? Oh, you mean he has a fever. What's his name?

Felicia: His name is Pablo Ramirez. R-A-M-I-R-E-Z.

Receptionist: Has he been here before?

Felicia: Excuse me, can you repeat that please?

Receptionist: That's OK. I'll check his record.

Receptionist: We don't have a record for Pablo Ramirez. He needs to come in to the clinic.

Felicia: Can you speak slower, please?

Receptionist: He needs to come in.

Felicia: Can he see the doctor?

Receptionist: Yes, bring him after one o'clock. The clinic opens at one.

Felicia: When?

Receptionist: (loudly) After one o'clock tomorrow.

Felicia: Oh, one o'clock. Does anyone speak Spanish there?

Receptionist: No, I'm sorry.

## 6. Medical Role-Plays

### MEDICAL HISTORY FORM

Name \_\_\_\_\_ Date \_\_\_\_\_  
last first

Address \_\_\_\_\_ Phone \_\_\_\_\_

Birthdate \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_

If you don't have insurance, who should be billed? \_\_\_\_\_

Place a check next to any problems you have had:

- \_\_\_\_\_ Allergies
- \_\_\_\_\_ Diabetes
- \_\_\_\_\_ Skin rash
- \_\_\_\_\_ Stomach upset
- \_\_\_\_\_ Frequent colds
- \_\_\_\_\_ Bad headaches
- \_\_\_\_\_ High blood pressure
- \_\_\_\_\_ Heart attacks
- \_\_\_\_\_ Asthma

Surgeries \_\_\_\_\_ Dates \_\_\_\_\_  
\_\_\_\_\_

Medications you \_\_\_\_\_  
are taking \_\_\_\_\_ Allergies to  
\_\_\_\_\_ medications  
\_\_\_\_\_

## **Tools for Dialogue**

1. Where is Felicia calling?  
What's the matter with Pablo?  
Does the clinic have a record for Pablo?  
When does the clinic open?
2. Does Felicia have an appointment?  
Is that a problem?  
Does anyone speak Spanish there?  
Does Felicia understand?  
Is the receptionist impolite? Why?
3. How does the story make you feel?  
Do you have a neighborhood clinic?  
Do you have to wait? Are there long lines?  
Does anyone speak your language there?
4. Do they need bilingual speakers at the clinic?  
Is it important for doctors and nurses to understand you?  
Why are there lines at the clinic?
5. What can you do when you don't understand?  
What can the clinic do when people don't speak English?  
What can the clinic do when there are long lines?